

Employee Resources

If a life-threatening emergency

Examples:

- Reckless behavior
- Disorderly
- Dangerous
- Threatening (including self-harm)

- On-Campus, call Campus Safety at **303-871-3000**
- Off-campus emergencies, call 911
- For a suicide emergency call 988 the National Suicide Hotline

Non-Emergency Employee Resources

If you experienced...

- Sexual assault
 - Interpersonal violence
 - Stalking
 - Discrimination or harassment
- support is available

Free Confidential Counseling 24/7

- DU employees & their families
- Bilingual support
- Offering face-to-face counseling sessions

Equal Opportunity & Title IX Referral

303-871-7016
TitleIX@du.edu



SupportLinc*

1-888-881-5462

www.supportlinc.com

Account creation code:

Universityofdenver

*DU contracted 3rd party



Responsible Reporting

All University Employees are considered a Responsible Employee. This means YOU have a Responsible Employee obligation to report potential discrimination, harassment, or gender-based violence to the Equal Opportunity & Title IX.

(excludes HCC & CAPE employees)

We Care About You

If you would like to be contacted with additional resources, complete the form using the QR code or email

EmployeeConnections@du.edu

for support referrals
(not intended for emergencies)

Other DU Resources

(not intended for emergencies)

Center for Advocacy, Prevention & Empowerment (CAPE)

303-871-3853

During business hours

Ombuds

303-871-3045

During business hours

Mental Health First Aid Training

Free to all DU Community Members

Why Mental Health First Aid?

- Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders.
- This 8-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

What It Covers?

- Common signs and symptoms of mental illness.
- Common signs and symptoms of substance use.
- How to interact with a person in crisis.
- How to connect the person with help.

Who Should Take It?

- Faculty, Staff, & Students

Hear from your DU colleagues:

- “This course was so helpful and well organized and developed...I highly recommend this training to all departments. I learned so much and feel so much more prepared to help students and others in my life if a difficult situation arises...”
- “Spending time with others in my work community talking about this made it feel more like a collective responsibility to look out for the mental health of people in our community.”
- “[The class helps] participants feel both empowered and responsible, and made it clear that you don’t have to be perfect or have a lot of technical knowledge to really make a difference for someone experiencing mental-health challenges. Just being observant and kind and available goes a long way...”

How To Sign Up

Email Austin.gane@du.edu



Download the
DU SAFE App
from your mobile
app store.

It is the official safety app of the University of Denver. The app features emergency contacts, crisis alerts, location services features, in-app tip reporting, and more.