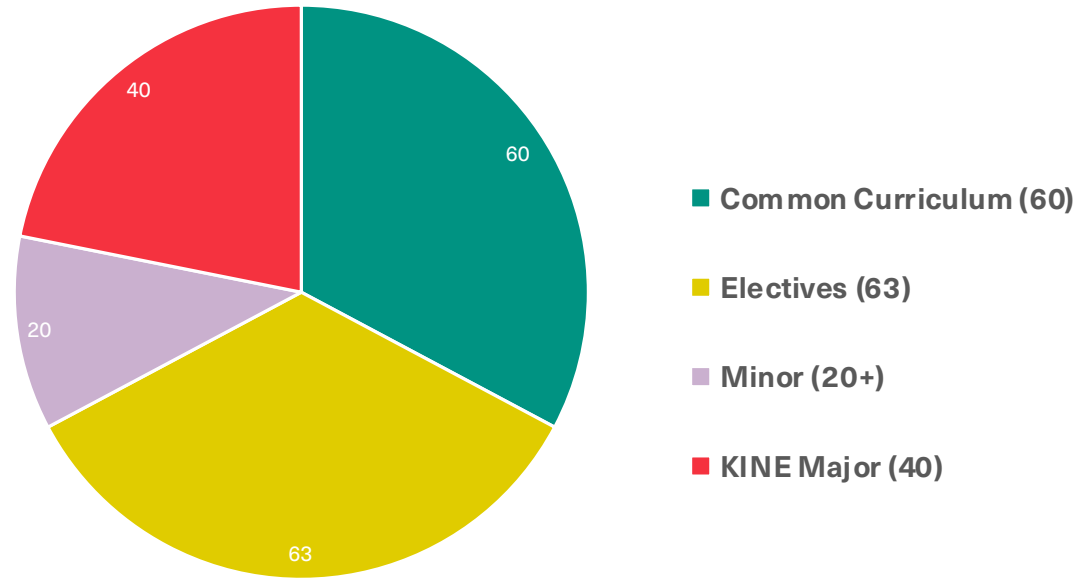


Preparing for Fall Registration

BA in Kinesiology and Sport Studies



Your BA Degree at a Glance



183 Total Credits

Take advantage of your credit flexibility to pursue a second major, multiple minors, or explore new passions!



01. Common Curriculum

First-Year & Transfer Students

For more information and resources for [advising and registration, get started here!](#)

Connect with Academic Advising at advising@du.edu

First-Year Courses

The common curriculum provides the opportunity to gain new perspectives across the liberal arts and foster a vibrant, intellectually curious community.

- **First-Year Seminar (FSEM 1111)**
- **Writing and Rhetoric (WRIT 1122 and 1133 or WRIT 1533)**
- **Foreign language**
 - Be mindful of [placement testing](#) deadlines



Common Curriculum

Scientific Inquiry (SI)

Natural and Physical World (12 credits)

- *Year-long lab sequence* of 3 courses
- Recommended for your first or second year

Society and Culture (8 credits)

- Social Sciences

Analytical Inquiry (AI)

Natural and Physical World (4 credits)

- Mathematics, formal reasoning, or computational sciences

Society and Culture (8 credits)

- Arts and humanities

Advanced Seminar (ASEM)

- Year 3 or later

02. Electives

Can I pursue a second major? What about minors?

Yes! With your elective credits, you may choose to pursue

- 1 major + 1 minor
- 2 majors

Complementary Disciplines

- Biological Sciences
- Business
- Psychology
- Administration minor
- Integrated Sciences
- Wellness minor

And more!



03. KINE Major

Program Structure

This program emphasizes experiential learning and the integration of *knowing* and *doing*.

- **20 credits of required courses**
- **20 elective credits**
- **Internship in kinesiology and sport**

Degree Objectives

Our program develops well-prepared, curious, and ethical scholar-practitioners and leaders who integrate diverse ways of knowing to *solve personal problems, address social issues, and live meaningful lives*.

Students develop as **scholar-practitioners** in diverse fields and contexts and graduate prepared for success in a wide variety of careers.

KINE Core Courses

Required for all KINE majors

- **KINE 1005: Resistance Training and Strength and Conditioning Methods**
- or
- **KINE 1015: Foundations of Olympic Weightlifting and Powerlifting**

- **KINE 2000: Foundations of Kinesiology and Sport Studies**
- **KINE 3005: Research in Kinesiology and Sport**
- **KINE 3000: Diversity, Equity, and Inclusion in Kinesiology & Sport**
- **KINE 3010: Ethics and Leadership in Kinesiology and Sport**

- **KINE 3980: Internship in Kinesiology and Sport**

What to Expect: Your First Year Schedule

Fall Quarter

FSEM 1111

SI or AI

Foreign Language or SI

KINE 1005 or KINE 1015

Winter Quarter

WRIT 1122

SI or AI

Foreign Language or SI

AI

Spring Quarter

WRIT 1133

SI or AI

Foreign Language or SI

KINE 2000

| 16 credit hours recommended per quarter

 Common Curriculum  Major  Minor

Example Schedule: KINE Major + BIO Minor

Fall Quarter

FSEM 1111

SI, AI, or Foreign Language

CHEM 1010 + CHEM 1240 (lab)

KINE 1005 or KINE 1015

Winter Quarter

WRIT 1122

SI, AI, or Foreign Language

BIO 1011 + BIO 1021 (lab)

AI

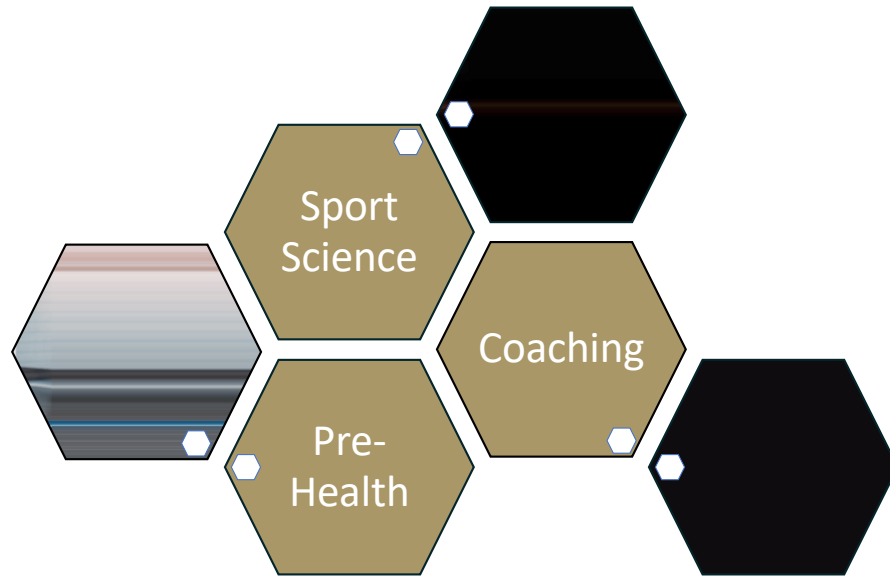
Spring Quarter

WRIT 1133

SI, AI, or Foreign Language

BIO 1010 + BIO 1020 (lab)

KINE 2000



- Sociology of Sport
- Sport Psychology
- Motor Learning for Skill Acquisition
- Administration of Sport, Fitness, and Wellness
- Athletic Nutrition
- Biomechanics of Kinesiology and Sport + Lab
- Prevention and Care of Athletic Injuries
- Strength & Conditioning Coaching
- Special Topics

2nd Year & Beyond

KINE Electives

Professional Training

Our curriculum aligns with the longstanding thought leaders in the **American Kinesiology Association (AKA)**. We prepare students for nationally recognized, leading certifications such as:

- **National Strength and Conditioning Association's (NSCA)**
- **Certified Strength and Conditioning Specialist (CSCS)**
- **Certified Performance and Sport Scientist (CPSS)**
- **Tactical Strength and Conditioning Facilitator (TSAC)**

Required Internship (1-8 credits)

You are required to complete an internship to gain invaluable knowledge, skills, and attitudes in related career fields. This will be your opportunity to transform academic subject knowledge into applied practice.

- **On-site work experience**
- **Asynchronous online coursework**

Career Development

Meet Our Faculty and Staff!

Brian Gearity

Professor & Director MASC;
Associate Dean for Academic
Affairs, GSPP



Clayton Kuklick

Clinical Associate Professor





Sara Campbell

Teaching Assistant Professor



Carwyn Sharp

Teaching Assistant Professor



Kaela Walker

Student & Academic
Services Manager

*Still have
questions?
Let's
connect!*

Student Affairs Resources

[DUhelp](#)

- **Start here if you need help on campus**

[Office of Academic Advising](#)

[Student Disability Services \(SDS\)](#)

- Accessibility, inclusivity, and elevating the identity of Disability

[Learning Effectiveness Program \(LEP\)](#)

- Support learning and neurodiversity

[First@DU](#)

- First-generation, minoritized, and underrepresented student support

[Cultural Center](#)

- Identity-based support and programming

More Resources

[Health and Counseling Center](#)

[Financial Aid](#)

[Center for Advocacy, Prevention, &
Empowerment \(CAPE\)](#)

[Office of Veterans & Military Resources](#)

[Career & Professional Development](#)

[DU Food Pantry](#)

[Equal Opportunity & Title IX](#)

THANK YOU

