

# Pre-Health Education & Advising

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**What is  
pre-health?**



**How to get  
connected?**



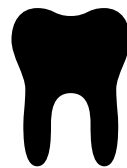
**What to know  
for the 1<sup>st</sup> year?**



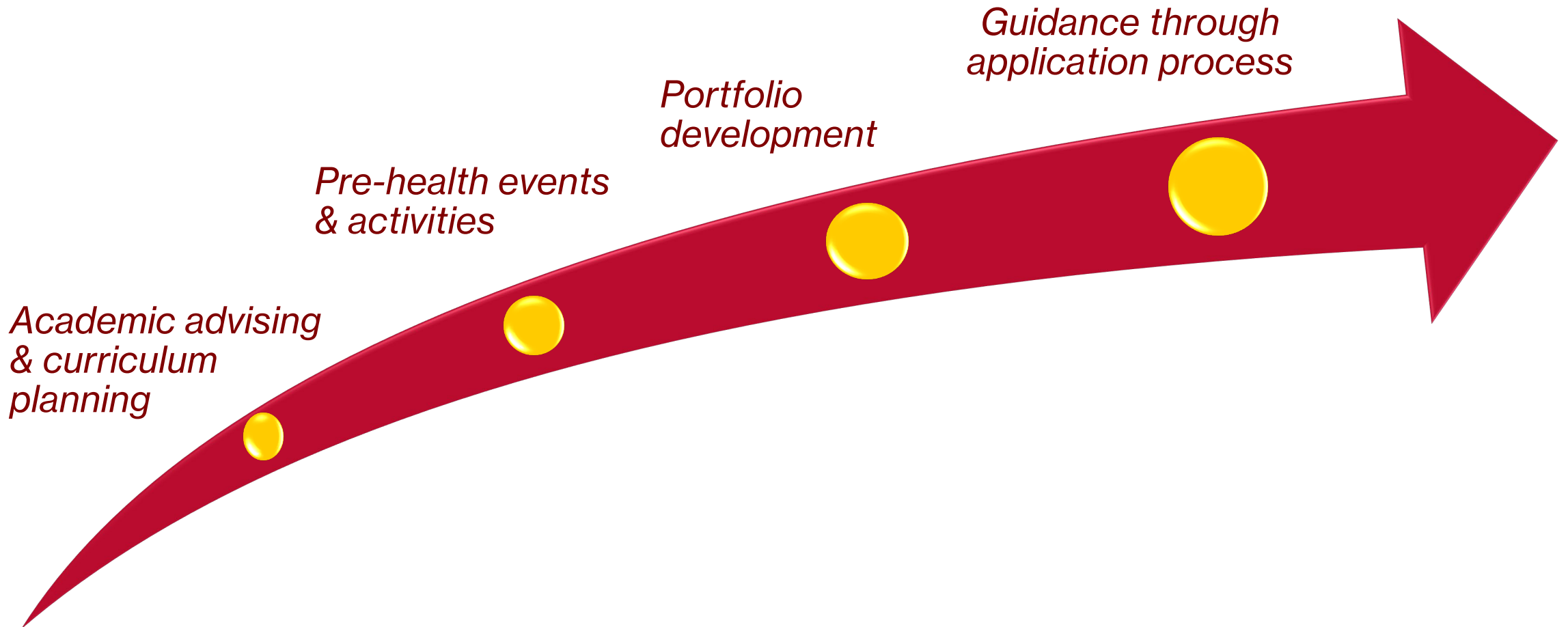
# Pre-Health Advising

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academic and extracurricular  
advising for students from all majors  
who are interested in pursuing  
careers in health and health care



# Supporting students in preparation for professional school and in the pursuit of becoming an excellent healthcare provider



# Academic advising and curriculum planning

*(in collaboration with your major advisor)*

professional school prerequisites,  
suggested/elective courses, coursework timing



***For most pre-health students...***

*CHEM1010 & CHEM 1240:  
General Chemistry I & Lab  
in the fall of 1<sup>st</sup> year*



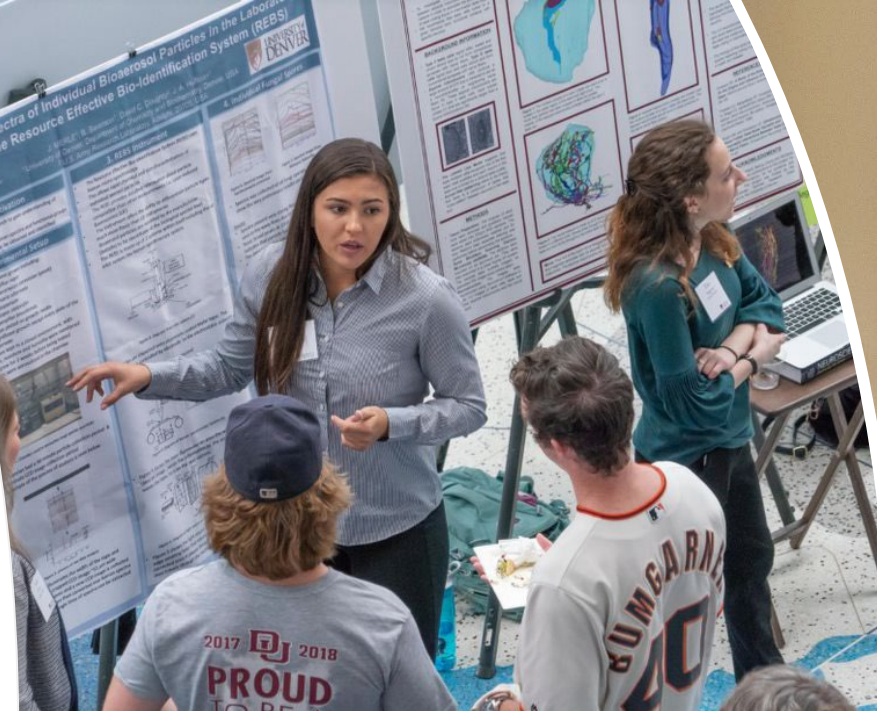
## Pre-health events and activities

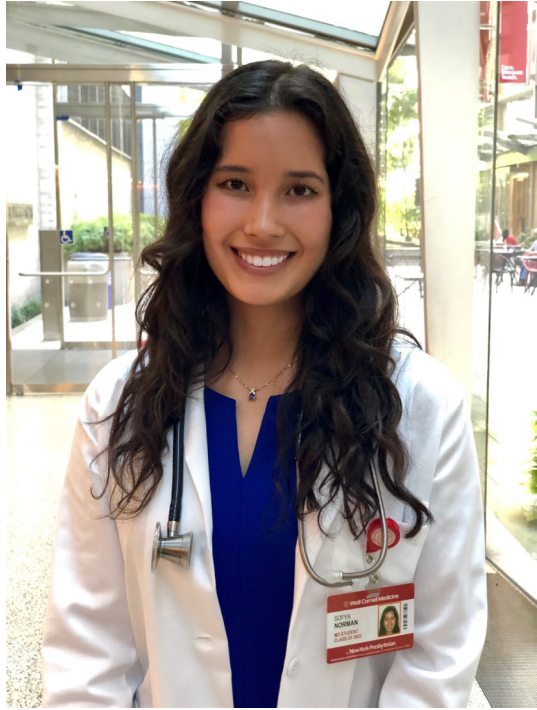
workshops, speakers, networking, and student organizations



# Portfolio development

volunteer, clinical,  
and research  
experiences on  
and off DU campus





# Guidance through the application process

- entrance exam prep
- personal statement workshop
- recommendation letters
- choosing schools
- interview skills and practice
- and more...







## General timeline...

### 1<sup>st</sup> year

- Make a general curriculum plan
- Develop study skills
- Focus on your transition to college and your coursework
- Get involved with health-related and other clubs
- Explore health careers:  
[explorehealthcareers.org](http://explorehealthcareers.org)
- Start/continue building your 'resume'
- Engage in self-assessment



# Most important...

## don't stress!



- Take advantage of the opportunities and resources available
- Sign-up for the **pre-health weekly newsletter**
- Attend the **pre-health advising session** during orientation week
- Come to the **pre-health group advising** for 1<sup>st</sup> year students (during 2nd week of classes)
- **Keep engaged!**



Find more information on the  
**Pre-Health Advising portfolio website**

<https://du.digication.com/pre-health-advising-1>  
*(login with your DU ID & password)*

To subscribe to the  
**Pre-Health weekly newsletter:**

<https://science.du.edu/content/contact-pre-health-advising>

**Questions?**

**Contact Pre-Health Education & Advising**

Phone: 303-871-3661

Email: [preprofessional@du.edu](mailto:preprofessional@du.edu)

**THANK YOU**

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