



4D Experience
UNIVERSITY OF DENVER



College Takes Courage

4D Experience Living Community
Fireside Reflection Series Dinner

What: This creative reflection experience will allow students to begin to “crown” fear, values, action, and change to illuminate how to think about, discover, and act with courage when facing difficult challenges that comprise college life.

When & Where: September 21, 2023, 6-8 p.m., 4D House

Attire: Wear something that takes *courage* and is *meaningful* to you (e.g., jeans that are out of style but that you wore at a pivotal time in your life, boots that may make some raise their eyebrows but make you feel awesome, a necklace with a symbol that is important to you but questionable to some, a t-shirt featuring an unpopular band you have on repeat, lipstick your mom said you couldn't leave the house wearing). A couple of rules: 1) your courageous gear should be something you already own and 2) wearing something that communicates hate, discrimination, or defamation is not courageous or allowed.

Preparation: Brainstorm ideas for at least three difficult decisions, challenges, or choices you will be grappling with in the 2023-2024 school year (e.g., taking a required course you've been putting off, choosing/changing your major, ending/starting a relationship, joining a new community).

RSVP: Click this [link](#) or scan the QR code to RSVP by noon on September 20th

